



## The UK's only not-for-profit energy supplier

Welcome to our July newsletter. We have now officially joined [Twitter](#) and launched our first [blog](#) the 'reflections of an energy geek', please do take a look!



### Fancy a spot of DIY? These 5 insulation tips could save you £'s!

1. **Insulate the loft** with blankets known as 'quilts'. This is a simple DIY job that can rake in savings of up to **£150 per year**.
2. **Insulate timber floors** by lifting the floorboards and laying mineral wool insulation supported by netting between the joists. This will save about **£50** a year for ground floor insulation.
3. Use a regular tube sealant, such as silicon, **to fill gaps** between floorboards and skirting boards to stop draughts. This will save about **£20 per year**.
4. **Insulate tanks with cylinder jackets** and protect pipes with insulating material to reduce the amount of heat that escapes. This will save approximately **£35 per year**.
5. **Seal badly fitting doors and windows** with draught proofing strips or draught excluders. This can save up to **£25 per year**.

[Not a fan of DIY? Visit our website for some easier energy saving tips!](#)

### Review of Kenwood 2 slice toaster with eco slot, by Jane Dines

#### What does it look like?

Well I know this isn't the most important factor but on the other hand it doesn't need to look boring or dull just because it's saving energy!

Actually it's very good looking – with a hint of the retro about it. The finish is chrome which will accommodate any kitchen style; it's the push down lever that gives it the retro feel and I really liked the illuminating buttons for "cancel" and "ecoslot".

What's it all about then?.....[Read more](#)

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